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Finger Food for Babies and Toddlers: Delicious Nutritious Food for Little Hands to Hold

By Jennie Maizels, Jennie Maizels

Ebury Publishing. Hardback. Book Condition: new. BRAND NEW, Finger Food for Babies and Toddlers: Delicious Nutritious Food for Little Hands to Hold, Jennie Maizels, Jennie Maizels, Faced with a perpetual mealtime battle with her baby Millie, Jennie Maizels discovered it wasn't that Millie did not want to eat, she just didn't want to be spoon-fed by anyone else. Faced with this independence, Jennie Maizels was forced to dream up ideas for foods that Millie could hold, like a mini pizza or a rice ball, until she was able to feed herself, and life became simple again. But all babies go through a stage when finger foods are the best way to feed them. Jenny Maizels has come up with a beautifully illustrated cookbook packed with finger-food recipe ideas using a wide range of healthy ingredients, cooked and uncooked, hot and cold, savoury and sweet.



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Reviews

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-- Dr. Furman Anderson Sr.

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